

**Nutrition Environment Measures Survey (NEMS)
Measure #2: FRUIT**

Rater ID:

Store ID: - -

Date: / /
Month Day Year

Grocery Store Convenience Store Other

Availability and Price

Produce Item	Available		Price	Unit #	Unit pc lb	Quality		Comments	
	Yes	No				A	UA		
1. Bananas	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
2. Apples	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
	<input type="radio"/> Red delicious <input type="radio"/> _____								_____
3. Oranges	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
	<input type="radio"/> Navel <input type="radio"/> _____								_____
4. Grapes	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
	<input type="radio"/> Red seedless <input type="radio"/> _____								_____
5. Cantaloupe	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
6. Peaches	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
7. Strawberries	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
8. Honeydew Melon	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
9. Watermelon	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
	<input type="radio"/> Seedless <input type="radio"/> _____								_____
10. Pears	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
	<input type="radio"/> Anjou <input type="radio"/> _____								_____
11. Total Types: (Count # of yes responses)				<input type="text"/> <input type="text"/>					

**Nutrition Environment Measures Survey (NEMS)
Measure #3: VEGETABLES**

Rater ID:

Store ID: - -

Date: / /
Month Day Year

Grocery Store Convenience Store Other

Availability and Price

Produce Item		Available		Price	Unit #	Quality		Comments		
		Yes	No			A	UA			
1. Carrots	<input type="radio"/> 1 lb bag <input type="radio"/> _____	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
2. Tomatoes	<input type="radio"/> Loose <input type="radio"/> _____	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
3. Sweet Peppers	<input type="radio"/> Green bell peppers <input type="radio"/> _____	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
4. Broccoli	<input type="radio"/> Bunch <input type="radio"/> _____	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
5. Lettuce	<input type="radio"/> Green leaf <input type="radio"/> _____	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
6. Corn		<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
7. Celery		<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
8. Cucumbers	<input type="radio"/> Regular <input type="radio"/> _____	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
9. Cabbage	<input type="radio"/> Head <input type="radio"/> _____	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
10. Cauliflower		<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____

11. Total Types: (Count # of yes responses)

**Nutrition Environment Measures Survey (NEMS)
MEASURE #4: GROUND BEEF**

Rater ID:

Store ID: - -

Date: / /
Month Day Year

Grocery Store Convenience Store Other

Availability and Price

Item	Available			Price/lb.	Comments
	Yes	No	N/A		

Healthier option:

1. Lean ground beef, **90% lean, 10% fat** (Ground Sirloin) \$. _____

Alternate Items:

2. Lean ground beef, (<10% fat) \$. _____
 % fat _____

3. Ground Turkey, (≤10% fat) \$. _____
 % fat _____

4. # of varieties of lean ground beef (≤10% fat) 0 1 2 3 4 5 6+

Regular option:

5. Standard ground beef, **80% lean, 20% fat** \$. _____

Alternate Item:

6. Standard alternate ground beef, if above is not available \$. _____
 % fat _____

**Nutrition Environment Measures Survey (NEMS)
MEASURE #7: BAKED GOODS**

Rater ID:

Store ID: - -

Date: / /
Month Day Year

Grocery Store Convenience Store Other

Availability & Price

Low-fat baked goods $\leq 3g$ fat/serving

Item	Available		Amt. per package	g fat/ per item	kcal/ per item	Price	Comments
	Yes	No					

Healthier option:

1. Bagel Single Yes No \$ _____

Package	Available			Amt. per package	g fat/ per item	kcal/ per item	Price	Comments
	Yes	No	N/A					
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/>	\$ <input type="text"/> <input type="text"/> <input type="text"/>	_____

Alternate Items:		Available			Amt. per package	g fat/ per item	kcal/ per item	Price	Comments
		Yes	No	N/A					
2. English muffin		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/>	\$ <input type="text"/> <input type="text"/> <input type="text"/>	_____
3 a. Low-fat muffin	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/>	\$ <input type="text"/> <input type="text"/> <input type="text"/>	_____
b. # varieties of low fat muffins		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Regular option ($\geq 4g$ fat/serving or 400 Kcal/serving):

4. Regular muffin Yes No \$ _____

Alternate Items:		Available			Amt. per package	g fat/ per item	kcal/ per item	Price	Comments
		Yes	No	N/A					
5. Regular Danish		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/>	\$ <input type="text"/> <input type="text"/> <input type="text"/>	_____
6. Other		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/>	\$ <input type="text"/> <input type="text"/> <input type="text"/>	_____

**Nutrition Environment Measures Survey (NEMS)
MEASURE #8-CS: BEVERAGE**

Rater ID:

Store ID: --

Date: / /
Month Day Year

Grocery Store Convenience Store Other

Availability & Price

Healthier option:

	Available	Available		Price	Comments
		Yes	No		
1. Diet Coke	12 oz.	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	_____
	20 oz.	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	_____

2. Alternate brand of diet soda		Yes	No	N/A	Price	Comments
<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	12 oz.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	_____
<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	20 oz.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	_____

Regular option:

3. Coke	12 oz.	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	_____
	20 oz.	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	_____

4. Alternate brand of sugared soda		Yes	No	N/A	Price	Comments
<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	12 oz.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	_____
<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	20 oz.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	_____

Healthier option:

5. 100% juice, 15.2 oz.	Available	Available		Price
		Yes	No	
<input type="radio"/> Minute Maid <input type="radio"/> Tropicana <input type="radio"/> Other		<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>

6. 100% juice, 14 oz.		Yes	No	N/A	Price	Comments
<input type="radio"/> Minute Maid <input type="radio"/> Tropicana <input type="radio"/> Other		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	_____
7. 100% juice, <input type="text"/> oz.		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	_____
<input type="radio"/> Minute Maid <input type="radio"/> Tropicana <input type="radio"/> Other		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	_____

Regular option:

8. Juice Drink, 15.2 oz		<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>
<input type="radio"/> Minute Maid <input type="radio"/> Tropicana <input type="radio"/> Other		<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>

9. Juice Drink, 14 oz.		Yes	No	N/A	Price	Comments
<input type="radio"/> Minute Maid <input type="radio"/> Tropicana <input type="radio"/> Other		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	_____
10. Juice Drink, <input type="text"/> oz.		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	_____
<input type="radio"/> Minute Maid <input type="radio"/> Tropicana <input type="radio"/> Other		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>	_____

**Nutrition Environment Measures Survey (NEMS)
MEASURE #8-GS: BEVERAGE**

Rater ID:

Store ID: - -

Date: / /
Month Day Year

Grocery Store Convenience Store Other

Availability & Price

Healthier option:	Available size	Available			Price	Comments
		Yes	No			
1. Diet Coke	12 pack 12 oz.	<input type="radio"/>	<input type="radio"/>		\$ <input type="text"/> <input type="text"/>	
		Yes	No	N/A		
	6 pack 12 oz.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/>	<input type="text"/>
2. Alternate brand of diet soda		Yes	No	N/A		
<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	12 pack 12 oz.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/>	<input type="text"/>
<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	6 pack 12 oz.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/>	<input type="text"/>

Regular option:		Yes	No		
3. Coke	12 pack 12 oz.	<input type="radio"/>	<input type="radio"/>		\$ <input type="text"/> <input type="text"/>
		Yes	No	N/A	
	6 pack 12 oz.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/>
4. Alternate brand of sugared soda		Yes	No	N/A	
<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	12 pack 12 oz.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/>
<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	6 pack 12 oz.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/>

Healthier option:		Yes	No		
5. Minute Maid 100% juice, (64 oz., half gallon)		<input type="radio"/>	<input type="radio"/>		\$ <input type="text"/> <input type="text"/>
Alternate Items:		Yes	No	N/A	
6. Tropicana 100% juice, (64 oz., half gallon)		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/>
7. Other: <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/>

Regular option:		Yes	No		
8. Minute Maid juice drink, (64 oz., half gallon)		<input type="radio"/>	<input type="radio"/>		\$ <input type="text"/> <input type="text"/>
Alternate Items:		Yes	No	N/A	
9. Tropicana juice drink, (64 oz., half gallon)		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/>
10. Other: <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	\$ <input type="text"/> <input type="text"/>

Nutrition Environment Measures Survey (NEMS)
MEASURE #9: BREAD

Rater ID:

Store ID: - -

Date: / /
Month Day Year

Grocery Store Convenience Store Other

Availability & Price

Item	Available			Loaf size (ounces)	Price/loaf	Comments
	Yes	No	N/A			

Healthier Option: Whole grain bread (100% whole wheat bread and whole grain bread)

1. Nature's Own 100% Whole Wheat Bread \$. _____

Alternate Items:

2. Sara Lee Classic 100% Whole Wheat Bread \$. _____

3. Other:
 \$. _____

4. # of varieties of 100% whole wheat bread and whole grain (all brands) 0 1 2 3 4 5 6+

Regular Option: White bread (Bread made with refined flour)

5. Nature's Own Butter Bread \$. _____

Alternate Items:

6. Sara Lee Classic White Bread \$. _____

7. Other:
 \$. _____

